

Healthy Bonus values for our members



healthy bonus®

For more information on how to take advantage of these special offers, please go to www.oxfordhealth.com and log into your member account.

Then, click on the “Tools and Resources” link, and then on “Healthy Bonus Member Discounts.”

We are constantly working to provide our members with access to doctors, facilities and programs that can help our members stay well. We know that staying well involves more than just visits to the doctor’s office – it is also important to stay active, maintain a healthy weight and manage stress levels.

Through the Healthy Bonus program, we offer access to discounts and special offers on products and services like weight loss programs, fitness equipment, nutrition products, and nutrition to help you achieve these goals.

New offers for this year

<i>Cooking Light</i>	Receive two free preview issues of the magazine
<i>Health</i>	Receive two free preview issues of the magazine

Our same great offers

ActiveForever Discount Medical Equipment & Healthcare Innovations	10% off any purchase at ActiveForever.com
Allergy Control Products	Save 20% on most allergy relief products to improve your life indoors
Arthritis Self-Management	One-year subscription (6 issues) for \$10.50 (50% off cover price)
Arthritis Today	Receive free issue of magazine
Backpacker Magazine	One-year subscription (9 issues) for \$14 (69% off cover price)
Birth and Beginning Year™	Receive the ABC's of Prenatal Fitness mini-poster for \$12
Brookstone	\$15 off any purchase of \$100 or more via Web or phone
Diabetic Care Services	10% off select diabetes products
Diabetes Self-Management	One-year subscription (6 issues) for \$10.50 (75% off cover price)
DiabeticCandy.com	10% off all products
Diabetic Express	10% off select diabetes products
General Vision Services (GVS)	Savings on eyewear and contacts
How to Teach Nutrition to Kids	40% off the book <i>How to Teach Nutrition to Kids</i> (\$11.97 + s/h)
Health Journeys	20% off all products
Living Lean, LLC	15% off custom designed weight loss programs
MotherNature.com®	15% off all products

Wishing you the best of health

My Gym Children's Fitness Center 5% off monthly class fees; New customers receive \$30 off membership fee

* Available only at participating areas in the U.S. 5% off monthly class is subject to continuous enrollment in class.

National Allergy Supply 15% off all products

Poland Spring Water 2 free cases of Poland Spring water when signing up for a Pure Savings Plan.

**Pickles and Ice Cream:
A Father's Guide to Pregnancy** Save 15% off the cover price of the book *Pickles and Ice Cream: A Father's Guide to Pregnancy*

Premier Martial Arts One month of unlimited martial arts classes and an official uniform for \$49

RunningShoes.com 10% off products and free shipping on orders over \$50

Safe Beginnings® 15% off published prices

SpaKist 15% off all purchases

SpaFinder™ 10% off gift certificate orders

STOTT PILATES® 20% off select fitness equipment, retail products and DVDs

The Scholastic Store 20% off orders over \$49

Today's Caregiver™ 40% off a one-year subscription to *Today's Caregiver* magazine; 30% off the book *Fearless Caregiver*

Vegetarian Times One-year subscription for \$9.99 (80% off cover price)

Where To Retire One-year subscription (6 issues) for \$12 (60% off cover price)

Weight Watchers®* Special savings on a three-month online subscription, plus savings on an at-home deluxe kit

* Available only in participating areas in the U.S. WEIGHT WATCHERS is the registered trademark of Weight Watchers International, Inc. and is used under license.

Yoga Journal One-year subscription (9 issues) for \$11 (76% off cover price)

Our Healthy Bonus® program is just one more example of our ongoing commitment to helping members keep their mind, body and spirit healthy – and saving them some money in the process.



These discounts are offered in addition to, and separate from, your benefit coverage through Oxford. These arrangements have been made for the benefit of members, and do not represent an endorsement or guarantee on our part. Discounts may change from time to time and without notice and are applicable to the items referenced only. We cannot assume any responsibility for the products or services provided by vendors or the failure of vendors referenced to make available discounts negotiated with us; however, any failure to receive discounts should be reported to Customer Service by calling the number on your Oxford member ID card.

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